

Degenerative Joint Disease Incidence and Spinal Column Joint Pathologies in the Paleopopulation from Medieval Anchialos, Excavated in Gladston Street, Pomorie. (Preliminary Results)

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Anthropological investigations of the Middle Ages necropolis of Anchialos from 11-12 c. AD register development of degenerative joint disease. In spite of the small sample size, which doesn't allow statistical analysis, obtained results enrich the knowledge about the health status and life quality in the ancient population. Most individuals over 30-40 years of age developed the studied changes, but, except in three cases, where joint changes can be interpreted as secondary developed process to other condition, degenerative joint disease in population didn't lead to heavy disability.

Key words: joint disease, Middle Ages, Anchialos