# Sexual Differences and Reached Growth of Cephalometric Features in Children at the Age between 3 and 6 Years 

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#### Abstract

The aim of the work is to characterize the sexual differences of cephalometric features in children from Sofia at the age between 3 and 6 years and to assess the reached growth for single features regarding the same ones in adult persons. The metrical data about 7 basic cpehalometric features in 640 children ( 320 boys and 320 girls) aged 3-6 years are investigated. Boys have bigger head measurements than girls but girls come more close to the final measurements for the respective features in adult women. Most close to the final size is the head length, while the morphological face height had to gain much more, i.e. the face is awaited to become longer.


Key words: children, head measurements, sexual differences, reached growth.

## Introduction

During the period of growth and development for the single body parts and organs occur alterations characteristic with different for both sexes velocity and scope [1]. The cephalometric features are among the anthropological characteristics that change quickly during childhood [5]. For instance the head height at birth is relatively big being $1 / 4$ part from the entire stature of the newborn, at 6 years it is $1 / 6$ part of the stature, and in adult individuals it is already $1 / 8$ part of it [3].

The aim of the work is to characterize the sexual differences of cephalometric features in children from Sofia at the age between 3 and 6 years and to assess the reached growth for single features regarding the same ones in adult persons.

## Material and Methods

The data presented are part of a detailed transversal anthropological study carried out in seven kindergartens in Sofia City (June 2004 - May 2005). Totally 640 children ( 320 boys and 320 girls) aged 3-6 years are investigated.

The metrical data about 7 basic cephalometric features are computed statistically by the variation analysis [4].

The comparative assessment about strength of sexual differences was made on the base of relative Index Units (IU) that are elaborated by Wolanski's [2] index of relative inter-group differences, called in this case the Index of Sexual Differences (ISD).

$$
\mathrm{ISD}=2 \times\left[\left(\bar{x}_{1}-\bar{x}_{2}\right) \times 100\right] /\left(\bar{x}_{1}+\bar{x}_{2}\right), \text { where } \bar{x}_{1}=\bar{x}_{\text {boys }}, \bar{x}_{2}=\bar{x}_{\text {girls }}
$$

The degree of sexual differences' expression is categorized by the cut off points at $P_{25}$ and $P_{75}$, which are evaluated on the base of ISD data for the investigated features during the entire studied period. The sexual differences are of a low degree expression when the index is up to
$1.54 \mathrm{IU}\left(\mathrm{P}_{25}\right)$; from 1.55 IU till $3.18 \mathrm{IU}\left(\mathrm{P}_{75}\right)$ they are of a middle degree expression; and over 3.18 IU - of a high degree expression.

For the assessment of the reached growth about each cephalometric feature towards its measurement in adults are used data for adult Bulgarian population ( 30 - 40 years) reported in the National Anthropological Program elaborated in the IEMAM, BAS.

Table 1. Cephalometric characterization of the children and adults

| Age | $j$ |  |  |  |  |  |  | 3 |  |  |  |  |  |  | Intersexual differences |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | n | $\bar{x}$ | SD | SEM | V | min | max | I | $\bar{x}$ | SD | SEM | V | min | max | Abs. diff. | t-test | ISD |
| Head circumference |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 3 | 80 | 506.9 | 11.8 | 1.3 | 2.3 | 482 | 537 | 80 | 491.0 | 13.4 | 1.5 | 2.7 | 460 | 518 | 15.9 | 8,0** | 3.19 |
| 4 | 80 | 508.7 | 13.5 | 1.5 | 2.7 | 475 | 550 | 80 | 501.2 | 15.0 | 1.7 | 3.0 | 460 | 545 | 7.5 | 3.2* | 1.48 |
| 5 | 80 | 519.1 | 11.1 | 1.2 | 2.1 | 488 | 545 | 80 | 508.8 | 13.7 | 1.5 | 2.7 | 485 | 555 | 10.3 | 5.2** | 2.00 |
| 6 | 80 | 523.6 | 12.0 | 1.3 | 2.3 | 500 | 550 | 80 | 511.8 | 12.1 | 1.4 | 2.4 | 482 | 540 | 11.8 | 6.2** | 2.28 |
| 30-40 | 236 | 579.2 | 16.3 | 1.1 | 2.8 | 540 | 625 | 276 | 552.0 | 16.2 | 1.0 | 2.9 | 512 | 597 | - | - | - |
| Head length |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 3 | 80 | 174.2 | 5.7 | 0.6 | 3.3 | 162 | 187 | 80 | 167.7 | 5.7 | 0.6 | 3.4 | 155 | 180 | 6.5 | 7.2** | 3.80 |
| 4 | 80 | 174.2 | 5.8 | 0.6 | 3.3 | 160 | 189 | 80 | 171.7 | 6.2 | 0.7 | 3.6 | 150 | 191. | 2.5 | $2.6^{*}$ | 1.44 |
| 5 | 80 | 177.9 | 5.5 | 0.6 | 3.1 | 165 | 191 | 80 | 174.0 | 6.8 | 0.8 | 3.9 | 159 | 194 | 3.9 | 4.0** | 2.22 |
| 6 | 80 | 180.0 | 6.0 | 0.7 | 3.4 | 165 | 191 | 80 | 174.7 | 6.0 | 0.7 | 3.4 | 153 | 188 | 5.3 | 5.5** | 2.99 |
| 30-40 | 236 | 190.6 | 6.7 | 0.4 | 3.5 | 170 | 215 | 276 | 180.3 | 5.8 | 0.4 | 3.2 | 165 | 195 |  | - | - |
| Head breadth |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 3 | 80 | 137.6 | 4.6 | 0.5 | 3.4 | 126 | 152 | 80 | 134.4 | 4.6 | 0.5 | 3.5 | 121 | 148 | 3.2 | 4.4** | 2.35 |
| 4 | 80 | 140.3 | 5.0 | 0.6 | 3.6 | 129 | 158 | 80 | 136.4 | 5.2 | 0.6 | 3.8 | 127 | 157 | 3.9 | 4.7** | 2.82 |
| 5 | 80 | 142.6 | 5.0 | 0.6 | 3.6 | 130 | 153 | 80 | 138.0 | 5.4 | 0.6 | 3.9 | 128 | 157 | 4.6 | 5.7** | 3.28 |
| 6 | 80 | 142.6 | 5.1 | 0.6 | 3.6 | 133 | 155 | 80 | 138.2 | 5.0 | 0.6 | 3.6 | 116 | 149 | 4.4 | 5,3** | 3.13 |
| 30-40 | 236 | 156.9 | 6.1 | 0.4 | 3.9 | 139 | 172 | 276 | 148.6 | 5.5 | 0.3 | 3.7 | 133 | 164 | - | - | - |
| Minimal frontal breadth |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 3 | 80 | 97.8 | 3.8 | 0.4 | 3.9 | 90 | 107 | 80 | 95.5 | 3.5 | 0.4 | 3.6 | 84 | 106 | 2.3 | 3.9** | 2.38 |
| 4 | 80 | 99.1 | 4.0 | 0.4 | 4.0 | 90 | 113 | 80 | 97.9 | 3.6 | 0.4 | 3.7 | 90 | 109 | 1.2 | 2.0* | 1.22 |
| 5 | 80 | 100.5 | 4.0 | 0.4 | 4.0 | 92 | 110 | 80 | 98.8 | 4.3 | 0.5 | 4.3 | 87 | 117 | 1.7 | 2.5* | 1.70 |
| 6 | 80 | 101.4 | 4.0 | 0.4 | 3.9 | 92 | 114 | 80 | 100.0 | 3.7 | 0.4 | 3.7 | 87 | 109 | 1.4 | $2.4 *$ | 1.39 |
| 30-40 | 236 | 114.5 | 5.1 | 0.3 | 4.4 | 97 | 131 | 276 | 109.2 | 5.1 | 0.3 | 4.7 | 97 | 124 |  | - | - |
| Bizveomatical breadth |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 3 | 80 | 112.2 | 4.5 | 0.5 | 4.0 | 105 | 127 | 80 | 109.7 | 3.8 | 0.4 | 3.5 | 100 | 119 | 2.5 | 3.9** | 2.25 |
| 4 | 80 | 114.3 | 4.6 | 0.5 | 4.0 | 102 | 132 | 80 | 112.9 | 5.0 | 0.6 | 4.4 | 104 | 133 | 1.4 | 1.8 | 1.23 |
| 5 | 80 | 117.6 | 4.9 | 0.6 | 4.2 | 106 | 132 | 81 | 113.7 | 4.5 | 0.5 | 3.9 | 100 | 127 | 3.9 | 5.3** | 3.37 |
| 6 | 80 | 119.0 | 5.0 | 0.6 | 4.2 | 108. | 136 | 80 | 115.9 | 4.3 | 0.5 | 3.7 | 102 | 127 | 3.1 | 4.3** | 2.64 |
| 30-40 | 236 | 143.5 | 5.6 | 0.4 | 3.9 | 130 | 157 | 276 | 134.6 | 4.7 | 0.3 | 3.5 | 122 | 149 | $-$ | - | - |
| Bigonial breadth |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 3 | 80 | 85.9 | 4.8 | 0.5 | 5.6 | 76 | 99 | 80 | 85.1 | $3 . \overline{7}$ | 0.4 | 4.4 | 77 | 95 | 0.8 | 1.1 | 0.94 |
| 4 | 80 | 89.4 | 4.5 | 0.5 | 5.0 | 79 | 104 | 80 | 87.8 | 4.4 | 0.5 | 5.0 | 78 | 101 | 1.6 | 2.1* | 1.80 |
| 5 | 80 | 91.1 | 4.8 | 0.5 | 5.3 | 79 | 102 | 80 | 88.4 | 4.7 | 0.5 | 5.3 | 80 | 107 | 2.7 | 3.5** | 3.00 |
| 6 | 80 | 92.9 | 4.3 | 0.5 | 4.6 | 85 | 108 | 80 | 89.8 | 5.3 | 0.6 | 5.9 | 76 | 104 | 3.1 | 4.0** | 3.39 |
| 30-40 | 236 | 109.8 | 6.3 | 0.4 | 5.8 | 93 | 130 | 276 | 101.7 | 5.2 | 0.3 | 5.2 | 90 | 118 | - | - | - |
| Morphological face height |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 3 | 80 | 94.1 | 5.1 | 0.6 | 5,4 | 82 | 111 | 80 | 90.4 | 4.8 | 0.5 | 5.3 | 80 | 102 | 3.7 | 4.8** | 4.01 |
| 4 | 80 | 96.1 | 5.5 | 0.6 | 5,7 | 85 | 115 | 80 | 95.2 | 5.1 | 0.6 | 5.3 | 82 | 107 | 0.9 | 1.0 | 0.94 |
| 5 | 80 | 100.3 | 5.0 | 0.6 | 4,9 | 91 | 120 | 80 | 96.0 | 4.5 | 0.5 | 4.7 | 85 | 106 | 4.3 | $5.7^{* *}$ | 4,38 |
| 6 | 80 | 101.3 | 5.5 | 0.6 | 5.4 | 84 | 112 | 80 | 99.1 | 4.7 | 0.5 | 4.8 | 84 | 108 | 2.2 | 2.7* | 2.20 |
| 30-40 | 236 | 126.2 | 7.2 | 0.5 | 5,7 | 104 | 149 | 276 | 116.5 | 5.9 | 0.4 | 5.0 | 104 | 136 | - | - | - |

${ }^{*} P<0,05 ;{ }^{* *} P<0,001$

Table 2. Reached growth in children towards cephalometric measurements in adults (\%)

| Age | Head. Circumf. |  | Head length |  | Head breadth |  | Min. frontal breadth |  | Bizygomat.brearth |  | Bigonial breadth |  | Morph. face height |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Boys | Girls | Boys | Girls | Bovs | Girls | Buys | Girls | Boys | Girls | Boys | Girls | Bays | Girls |
| 3 | 87.5 | 88.9 | 91.4 | 93.0 | 87.7 | 90.4 | 85.4 | 87.5 | 78.2 | 81.5 | 78.2 | 83.7 | 74.6 | 77.6 |
| 4 | 87.8 | 90.8 | 91.4 | 95.2 | 89.4 | 91.8 | 86.6 | 89.7 | 79.7 | 83.9 | 81.4 | 86.4 | 76.1 | 81.7 |
| 5 | 89.6 | 92.2 | 93.3 | 96.5 | 90.9 | 92.9 | 87.8 | 90.5 | 82.0 | 84.4 | 83.0 | 87.0 | 79.5 | 82.4 |
| 6 | 90.4 | 92.7 | 94.4 | 96.9 | 90.9 | 93.0 | 88.6 | 91.6 | 83.0 | 86.1 | 84.6 | 88.2 | 80.2 | 85.0 |



Fig. 1. Sexual differences according to ISD data presented in descendent order: $a$-in 3 years old children; $b$-in 4 years old children

## Results

During the entire period of investigation the boys have bigger head measurements than girls, like the directions of sexual differences in adults are. The established sexual differences are statistically significant in all ages, while only in 3 from 28 comparative couples such significance is missing.

For each age group are made descendent formulae according to the data for ISD, by which an idea whether the metrical differences are strongest or slightest in the head parts between both sexes could be gotten.


Fig. 1. Sexual differences according to ISD data presented in descendent order: $c-$ in 5 years old children; $d-$ in 6 years old children

At 3 years of age the sexual differences are strongly expressed in the morphological face height, head length and head circumference. Concerning the upper face breadths and head breadth, the metrical dominance in boys is of a middle degree and the sexual differences of the mandible breadth are most slightly expressed.

Descendent formulae: Morphological face height (4,01 IU - high) > Head length (3,80 IU - high) > Head circumference (3,19 IU - high) > Minimal frontal breadth (2,38 IU - middle) > Head breadth ( 2,35 IU - middle) $>$ Bizygomatical breadth ( $2,25 \mathrm{IU}$ - middle) > Bigonial breadth ( 0 -,94 IU - low).

At 4 years of age the sexual differences are smallest being of middle and low expression's degree. They are better marked in the head breadth and the bigonial breadth, and less - in the morphological face height.
 3 years 4 years
5 years

Fig. 2. Reached growth in children towards cephalometric measurements in adults: $a$ - in boys; $b$-in girls

Descendent formulae: Head breadth ( $2,82 \mathrm{IU}$ - middle) > Bigonial breadth (1,80 IU - middie) $>$ Head circumference ( 1,48 IU - low) $>$ Head length ( 1,44 IU - low) $>$ Bizygomatical breadth ( 1,23 IU - low $)>$ Minimal frontal breadth ( 1,22 IU - low) > Morphological face height ( $0,94 \mathrm{IU}$ - low).

At 5 years of age the sexual differences are of a high and middle degree expression. For the morphological face height, bizygomatical breadth and head breadth the differences between both sexes are strongly expressed, while for the rest ones - they are middle expressed.

Descendent formulae: Morphological face height (4,38 IU - high) > Bizygomatical breadth (3,37 IU - high) > Head breadth (3,28 IU - high) > Bigonial breadth ( $3,00 \mathrm{IU}-$ middle) $>$ Head length ( 2,22 IU - middle) $>$ Head circumference ( $2,00 \mathrm{IU}-$ middle) $>$ Minimal frontal breadth ( $1,70 \mathrm{IU}-$ middle).

At 6 years of age interesting are the sexual differences of bigonial breadth, which occupies the first place in the descendent formulae. This fact shows that in the 6 years old children are observed beginnings of sexual differences concerning the face form in mandible area, which in adult menis markedly more massive and angu-lar-shaped.

Descendent formulae: Bigonial breadth (3,39 IU — high) > Head breadth (3,13 IU - middle) > Head length (2,99 IU - middle) > Bizygomatical breadth (2,64 IU - middle) > Head circumference ( $2,28 \mathrm{IU}$ - middle) > Morphological face height (2,20 IU - middle) > Minimal frontal breadth (1,39 IU - low).

Assessment of the reached growth in separate ages towards cephalometrical measurements in adults

The general evaluation of the reached growth for cephalometric features in children aged between 3 and 6 years towards the respective measurement in adults shows that for all investigated age groups, as well as, for the seven features girls have gained bigger relative share of the final sizes in adult women than the boys have. The head length came most close to the final size in adults concerning the four age groups and both sexes, while the morphological face height had to gain much more being far removed from the final size in adults.

## Conclusions

1. Ever since 3 to 6 years of age boys have bigger head measurements than girls, making the sexual differences looks like the ones in adults.
2. Notwithstanding the metrical priority for boys, the girls during the investigated period come more close to the final measurements for the respective features in adult women.
3. The head measurements of brain shape as a whole outstrip in their development the face measurements concerning both sexes and the four age groups. Most close to the final size is the head length, while the morphological face height had to gain much more, i.e. the face is awaited to become longer.

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